

# The Mompreneur Readiness Quiz

*10 Questions to ask yourself as you  
begin your Mompreneur journey*



The Balanced Mompreneur Life  
with Jamie Drake

Hi!  
I'm Jamie!



Jamie Drake has been working as a freelance professional since 1995. She began her career as a Nationally Certified American Sign Language Interpreter which taught her about running a small business from home. She learned a great deal about being a teacher and mentor during her time as an instructor in the Interpreter Training Program at Columbia College Chicago helping prepare Interpreter Candidates for their work in the Interpreting field.

After becoming a Mom in 2008, Jamie took her small business skills and the desire to stay at home with her kids and began working as a Virtual Assistant helping other women run their small businesses and did all the work online so she could be present for her family. This transition allowed Jamie a new kind of work freedom and inspired her to share it with others by writing blog posts, sharing social media posts, and networking. Jamie then began coaching people on how to build their own Virtual Assisting online businesses, how to brand those businesses, as well as how to outsource tasks successfully.

Jamie went on to create an online course called "Basic Virtual Assisting" which has had over 350 students finish successfully. Jamie has also been an Assistant Business Coach and Branding Specialist with The Selling From Your Soul Abundance Academy which coaches women to create an authentic expression of their life purpose through developing their own business programs.

Now, as a Certified Entrepreneurship and Business Coach, Jamie continues to help moms who want to find work that takes advantage of their existing skill set, but also fits into their family life in a way that works for each individual Mom while still leaving time to care for themselves. Her ultimate goal for herself and her clients is to enjoy the flow of that ever elusive and evolving triad of family, work, and self and with a positive attitude and humble spirit.

Jamie remains in the trenches along side her fellow moms on that lifelong search now armed with over a decade's worth of knowledge and experience. She believes the best way to serve her population is to be part of the pack. These days you can find Jamie working anywhere from her home office to her camper in the mountains as long as she has a strong wifi signal and an even stronger cup of coffee!

# So you want to be a Mompreneur?

**Becoming a Mompreneur was the best gift I ever gave myself and my family.**

I took all of the skills I had learned about running a small business, the passion I had for empowering Moms who wanted to do exactly what I was doing, my desire to share my good fortune for figuring out how to make this all work while being lucky enough to be able to be home with my kids while they needed me, and put it all together in a way that replaced my salary from the job I had been working for over 20 years... and now I am living a balanced Mompreneur life!

**Working from home means no more:**

- **Expensive work clothes**
- **Long commutes**
- **Big gas bills**
- **Wear and tear on your car**
- **Extra money spent on lunches**
- **Coffees and snacks bought on the go**



**Working from home DOES means more:**

- **Time with your family**
- **Control over your schedule**
- **Eating from your own kitchen**
- **Working from the comfort of your own space**
- **Flexibility with your time**
- **Tasks done around the house during the day**
- **Time spent with your pets**
- **Freedom to be in control of your day**

# Being a Balanced Mompreneur

It's a delicate and always evolving balancing act of respecting 3 parts of your life:

## WORK FAMILY SELF

It's important to balance and nurture all 3.

This is where The Balanced Mompreneur Life Program can help.



Let's start with 10 questions you can ask yourself about starting a Mompreneur journey. On the next page are 10 questions that involve some of the things that will come up for you as digital nomad. Take a moment to consider them, but don't let them derail your ambition. Not everyone has the same experience so not every question will apply to every mom. Just like every parent is at a different stage in parenting and every family looks different, every household will have different needs, different skills, varying schedules, and a whole lot of kids at every age, the answers to these questions will most likely never be the same from two parents. So, take these questions as a jumping off point to start getting real about what is to come and use it to get your wheels turning.

So, even if you can't answer YES to all of the following 10 questions, don't worry! These questions are meant to give you an idea of what you need to know, what you will eventually understand, and what you don't even know you don't know yet. So, with an open mind, a positive heart, and an open notebook, grab a pen and write down all of your thoughts about the following 10 questions, and then let's talk!



# 10 Questions to ask yourself to decide if you are ready to be a Mompreneur:

1. Do I have a few hours per day or per week to dedicate to work without sacrificing time for myself?
2. Do I have a support system in place if I need it?
3. Am I self-motivated and organized?
4. Am I passionate and willing to take risks?
5. Do I have a product or service in mind that I feel called to sell or offer?
6. Do I have business and social media knowledge that extends beyond my product or service or am I willing and able to learn what I need to do?
7. Is there a market/need for the product or service that I want to share/offer?
8. Am I willing to share my story and be vulnerable about why I am passionate about what I am doing?
9. Am I willing to listen and learn in order to make the changes I need to make to be successful?
10. Am I willing to possibly fail in order to eventually succeed?

# Are you ready to begin your Mompreneur journey?



Let's chat about how you can begin your journey. You don't need to do this alone. After 10 years of being a Mompreneur, I now empower others to do what I have done. Get in touch for your free Discovery Call so we can talk about how YOU can get your business up and running! I currently have 7 streams of income coming in and I can help you brainstorm which type of business would work for you and your family without sacrificing time for yourself. I want you to make sure you are being mindful of the triad of work, family, and self while you build your business so your endeavor will endure. The goal is to be calm, happy and successful, not have your business be a source of stress. Together we can create a plan to set you up for success.

*Book A Free Discovery Call*



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